

BULGARIA MOBILITY

TOPIC: Stereotypical thinking and discrimination.



1 - ICE BREAKING ACTIVITY:

- Walked around the town on 4th of February
- All the partners met at specialized secondary school of natural sciencs and maths "Acad. prof. Dr. Arsen Zlatorov"
- All the partners presented their towns and schools.
- Each country presented and served their traditional food during the tea break

2 -PROJECT MEETING:

- ❖ Bulgarian, Greece, Romania, Portuguese and Turkey teams presented the subject, stereotypical thinking and discrimination to other participants on different days.
- All the groups prepared a cultural common dictionary including vocabulary related to the topic stereotypical thinking and discrimination
- Vocabulary was written in mother tongues in five languages .That is to say: Bulgarian, Greek, Portuguese and Romenian
- ❖ Posters and drawings were created by the participant students on the tocip "NO HATE IN SCHOOLS", "UNITED as one under the European sky and "I am not you, but we can be together"
- Bulgarian coordinator informed the participants about language passport and Europass Mobility useful tools.
- The Students and teachers completed surveys and feedback forms.

3- CULTRUAL EVENTS:

- Welcoming programme (Attendence List)
- ❖ International evening (7th February)
 -The host country organized "Close Traditional Dinner" at Kameliite restaurant on the 7th of February in the evening .
- ❖ Visited the town museum on 4th of February

- Travelled to Plovdiv city (Euroupean capital of culture on the 5th of February 2019
- Took a guided tour to Sofia on 6th of February
- Visited the museum of the town of Pravets and the House Museum of leader of the people's Republic of Bulgaria -Todor ZHUKOV.
- ❖ Visited Pravets Rio Lake. Some students played bowling there
- Visited Alexander Nevski cathedral in Sofia on 6th February

4-MEETING WITH NGOs

- -All the Participants met with the Mayor of the town at the center for inclusive education. (On 4th of February)
- -All the students painted a Picture on the related topic with the inclusive education students.
- -All the participants visited "Social Services Complex" in Plovdiv on the 5th of February.
- -All the students participated in making bread that sembolizes "peace" in all over the world.
- -The Participants watched "Bulgarian National Folk Dance" presented by the NGO.
- -Listened to the speech given by the chair woman of the NGO.

03-09 FEBRUARY 2019

Programme of the Meeting in Bulgaria

February 3 rd -9 th February 2019

03.02.2109- arrival of partners and accommodation in hotel Balkan

Common dinner - Restaurant "Green house" -19 o'clock

Program of activities C2- Stereotypical thinking and discrimination

February, Monday, 4th

8:45, in front of Balkan Hotel, the Bulgarian team will meet your students

9:30- 12:00 Project Opening ceremony at School (visit the school, speech of headmistress, All Partners will present their towns and
schools, ice- breaking games, Bulgarian and Greece teams will
present their presentations on the topic Stereotypical thinking and
discrimination)
12:15-13:15 Lunch at "VIVAL" restaurant (approximately 10 euro)
14:00-15:30 Visit the Center for inclusive education, Meeting with the Mayor of the town
16:00- 17:30 Visit the Museum- Presentations- Bulgarian and Turkey
team (Stereotypical thinking and discrimination)
17:30 - 18:30 walk around the town
19:00 Dinner at Neptun Restaurant (10 euro).
February, Tuesday, 5th Trip to Plovdiv
Early breakfast at 7 o'clock
8:00 Meeting in front of Balkan hotel
8:30 Travel to Plovdiv city- European capital of Culture 2019
11:00 -12:30 - Visit Ethnographic Museum -3 euro
13:00 14:00 walk in Roman stadium Free lunch
14:30- 16:30 SOCIAL SERVICES COMPLEX- Olga Skobeleva Plovdiv —
(Volunteering Activities)
17:00 back to Botevgrad
19:30 Dinner at Hotel Balkan restaurant (10 euro)
February, Wednesday, 6 th
Trip to Sofia
Early breakfast at 7 o'clock
8.00 Meeting in front of Balkan hotel
10:30 Day trip to Sofia – the capital of Bulgaria
City tour double - decker bus tickets -10 euros for adults and 5 euros for students
12:00- 17:00 Free lunch, free time, shopping, sightseeing

17:15 in front of Alexander Nevski Cathedral and back to Botebgrad

19:00 Free dinner

February 7th, Thursday

8:45, in front of Balkan Hotel, the Bulgarian team will meet your students

9: 30-12:00- Activities at school (Romanian and Portuguese teams will present their presentations on the topic Stereotypical thinking and discrimination), Bulgarian coordinator- Useful tools-presentation about Language passport and Europass Mobility

12: 30- 14:00 Lunch at "Kris" Restaurant (10 euro)

15:00 Visit the Museum of the town of Pravets and the House Museum of leader of the People's Republic of Bulgaria - Todor Zhukov

18:30 Visit Pravets Rio lake, Bowling (if you like SPA and coffee break)

19.00- Close Traditional dinner at "Kameliite" restaurant

February 8th, Friday

9:00 Meeting at school

9:30 Workshop - Completing "Common dictionary on the topic"

Posters and drawings on the topic -"NO HATE in schools", "United as One under the European Sky", "I am not You, but we can be together"

-Students and teachers will complete their surveys, a feedback form,

certificates of participation.

- Discussion about the next meeting in Romania, Common task

13.00 – 14:30 Lunch at Nobilis restaurant (10 euro)

Free afternoon19:0 0 Dinner at hotel Balkan restaurant

04 FEBRUARY 2019

1) Project opening ceremony at school all the teams' presentations













2) Meeting with the mayor of the town in the center for inclusive education so









3) Visit the museum – Turkish Team presentation on the topic stereotypical thinking and discrimination









5 FEBRUARY 2019

1) Trip to Plovdiv city – Europen capital of culture 2019













2) Visit the etnographic museum









3)Visit the Roman stadium









4)Social services complex (Red cross) (Volunteering Activites)













6 FEBRUARY 2019

1) Trip to Sofia -The Capital of Bulgaria













2)CİTY SIGHETEEING

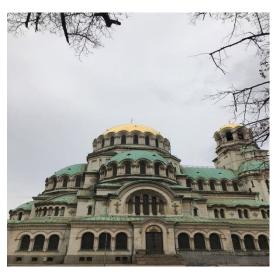








3)Visit to Alexander Nevski Cathedral







7 FEBRUARY 2019

1) Activites at school – Romanian and Portuguese teams presentations on the topic stereotypical thinking and discrimination

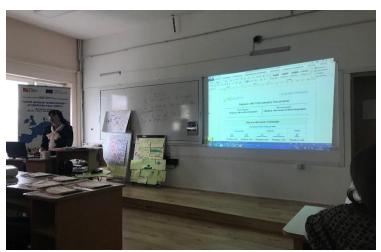






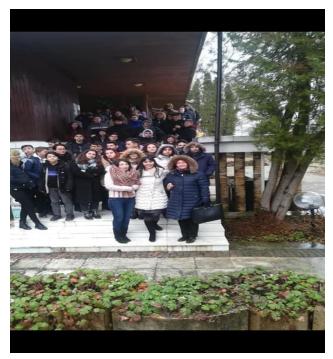


2) Bulgarian coordinator presentation about useful tools language passport and europass mobility





3)Visit to the house museum of leader of the people's republic of bulgaria – Todor Zhukov









4) Visit to pravets Rio lake









8 FEBRUARY 2019

1) Meeting at school- workshop (Completing "common dictionary on the topic")







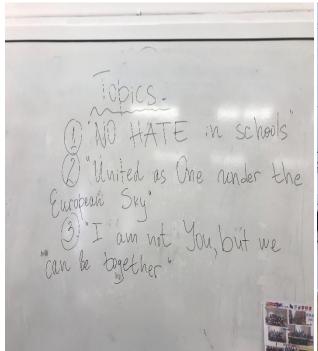


2)POSTERS AND DRAWINGS ON THE TOPIC

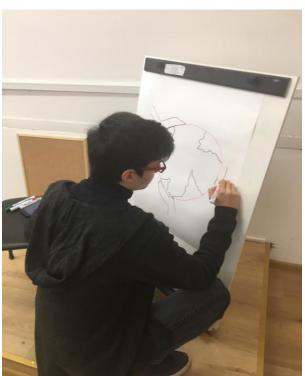
"NO HATE AT SCHOOLS", "United as one under the European sky" and "I am not you, but we can be together"













2) Completing the students' and teachers' surveys and a feedback form and Giving the certificates of the participations





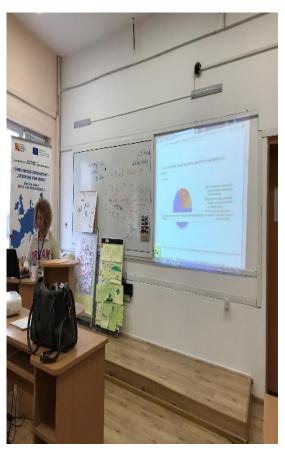


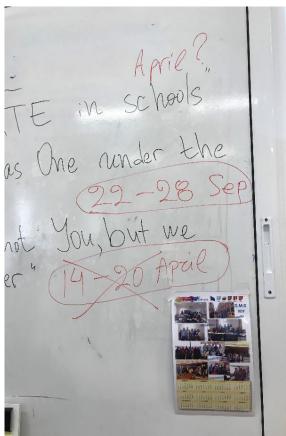






3) Discussion about the next meeting in Romania, common task









LUNCH AND DINNER





















THE MATERIALS















DICTIONARY OMG

English	Bulgarian	Greek	Romanian	Portuguese	Turkish
Abhorrence	otvrashtenie	Apehthia	oroare	avergao	Nefret, kin
Acceptance	odobrenie	Apodohi	acceptare	Aceitassaum	Kabul etme, onama
Agression	agresiya	Epithetikotita	agresiune	Agressausm	Agresiflik
Altuism	Altruizum	Altrouismos	altruism	Altruism	Fedukarlik
Anger	Gnyav	Orgi	Furie	Raiva	Ofke
Apartheid	Apartheid	Aparthaid	apartheid	Apartheid	Ayrim
Arbitrary conclusion	Proizvolen izvod	Afthereto simperasma	Concluzie arbitrară	conclusaum arebritaria	keyfiyet
Attitude	povedenie	Stasi	atitudine	atitude	tutum
Awakening consciousness	Probujdane na suznanieto	Afipnisi sinidiseon	Trezirea conști <u>i</u> nței	Despertar a consciencia	Byilinch uyandırma
Beliefs	Vyarvania	Pepithisis	credințe	Cremsas	Inunch
Bigotry	fanatizum	Thriskolipcia	bigotism	Intuleramsia	yobazlik
Categorization	Kategorizatsia	Katigoriopoiisi	categorizare	Categurizasam	kategorizasyon
Challenge	Predizvikatelst vo	amfisvitisi	provocare	Desafio	Meydan okuma
Children	detsa	Paidia	copii	Criansa	chocuk
	Prava na	Dikaiomata	Drepturile	Diraitu da	Chocuk
Child right	deteto Oplakvane	tou paidiou Katagelia	copilului Plaugere	criansa Reclamar	haklari Shikayet

Complaint					
Confidence	uverenost	Autopepithisi	yncredere	Confiansa	Gouven
Contempt	Prezrenie	Perifronisi	dispreț	Desprezo	Hakaaret
Cooperation	Korporatsia	Sinergasia	cooperare	Cuuperasam	dayanishma
Creating ghetto	Suzdavane na geto	Dimiourgia geto	Crearea ghetoului	Criasaum de guetu	Korku salma
Culture	cultura	Politismos	cultură	cultura	kyultur
Democracy	demokratsia	Dimokratia	democrație	democracia	demokrasi
Dialogue	dialog	Dialogos	dialog	dialogu	diyalog
Dignity at work	Nasilie na rabota	Aksioprepia stin ergasia	Demmitate la locul de munca	Dignidade no trabalho	Ishde hussaisyet
Disability	nesposobnost	Anapiria	dizabilitate	incapacidade	Engellilik
Discriminate	diskriminiram	Diakrino	discriminare	descriminar	Ayrimcilik
Diversity	raznoobrazie	Poikilia	diversitate	diversidade	Cheshitlilih
Dogmatism	Dogmatizum	Dogmatismos	dogmatism	dogmatismu	degmatism
Egoism	egoisum	Egoismos	egoism	egoísmo	egoizm
Empathy	suprichasnost	Empatheia	empatie	empatia	empati
Empowerment	ovlastyavane	Endinamosi	mcurajare	Empoderamen to	Gyuchlendirm e
Entrepreneur	predpriemach	Epixirimatis	antreprenor	empreendedor	Gyryshimci
Equal	raven	Isos	egal	igual	eshtlik
Equal opportunities for women and children	Ravni vuzmojnosti za jeni I detsa	Ises efkeries gia ginekes kai andres	Oportunitati egole pentru femei oi cosii	Oportunidades iguais para mulheres e homens	Kodinler ve erekler ichi eshit imkanlar
Equal pay for work of equal	Ravno zaplashtane	Isi amibi ajias se doulies	Salariu egal pentru muncă	Pagamento igual para o	Eshit moosh eshit deerler

value			egală	mesmo trabalho	
Event	subitie	Ekdilosi	Eveniment	evento	olay
Expansive aspirations	Skupi stremeji	Epektatikes blepceis	Aspirații nerealiste	Aspirasoes espansivas	Egemer dovranish
Family violence	Semeino nasilie	Via mesa stin ikogenia	Violent in fomilie	Violencia familiar	Aile ichi shiddet
Fear	Strah	Fovos	Teama	Medo	korku
Flexibility	guvkavost	Eueliksi	flexibilitate	flexibilidade	esneklik
Freedom	svoboda	Elefyeria	libertate	liberdade	baimsizlik
Friendship	priyatelstvo	Filia	prietenie	amizade	dostluk
Gender equality	Ravenstvo mejdu polovete	Isotita ton filon	Egolitate de gen	Igualdade de género	Cyinshiyet eshitliy
Gender pay differential	Razlika v zaplashtaneto na pola	Diafores stis amibes ton dion filon	Plata olifenta in funclie de gen	Pagamentu diferensiadu de genero	Cyinsiyet gore noesh
Gender roles	Polovi roli	Roli ton filon	Rolurile sexelor	Papeis de genero	Cinsiyet rolleri
Generalization	Generalizatsia	Genikeusi	generalizare	Generalizasam	senelteshtirme
Generation	pokolenie	Genia	generație	Gerasam	nesil
Genocide	Genotsid	Genoktonia	genocid	genocidio	soykiriym
Group	grupa	Omada	grup	grupo	grup
Harrassment	Izmuchvane	parenohlisi	Hartuire	Asedim	Utandirmak, taciz
Hate	mrazia	Misos	Ura	odim	nefret
Help	pomagam	Boithia	ajutor	ajuda	yardım
Home	dom	Spiti	casa	Casa, lar	vatan
Honest	chesten	Timiotita	onest	honesto	durust

Hostile behaviour	Vrajdebno povedenie	Ehthriki simperifora	Comportamen t ostil	Comportamen to hostil	Duyshmon dovranishi
Humanity	chovechnost	Anthropotita	umanitate	humanidade	insanlık
Human rights	Choveshki prava	Anthropina Dikaiomata	drepturile omului	Direitos humanos	lynsan haklasi
Independence	nezavisimost	Anikstisia	Independent	Independensia	Besimsizlik
Indifferent	bezrazlichen	Ameroliptos	indiferent	indiferente	Kyishisel hoklar
Individual rights	Nezavisimi prava	Atomika dikaiomata	Drepturi individuale	Direitos individuais	Kyishisel haklar
Intercultural behaviour	povedenie	Diapolismatikis imperifora	comportament intercultural	Comportamen to intercultural	Kulturler arası davranish
International human rights law	Mejdunarodno pravo za pravata na choveka	Diethnes dikea aanuropinon dikeomaton	Ledea drepturilor international gle onuilui	Lei internacinal dos direitos humanos	uluslararası insan kanunu
Intransigent attitude	Nepreklonno otnoshenie	Adialikti stasi	Atitudine intionsigenta	Atitude instransigente	Abarti tyutum ve davranishlar
Intolerance	Netolerantnos t	Misallodoksia	Intolerant	intuleransia	Hoshgorusuzlu k
Injustice	Nespravedliost	adikia	Nedreptate	injustiça	adaletsizlik
Judge	sudiya	Krisi	a judeca	Julgar	hukum vermek, yargılamak
Language	ezik	Glossa	Limba	linguagem	Dyil,lisan
Leadership	liderstvo	Igetikes ikanotites	conbucator	lideransia	liderlik
Learning difficulties	Trudnosti v obuhenieto	Mathisiakes diskolies	Ynvatorea	Dificuldades de aprendizagem	Oğrenme guchluğu
Loneliness	Samota	Monaksia	singuratate	Solidam	yalnizlik
Marganalizatio n	Marginalizatsi a	Peritheriopoiis i	marginalizare	marginalizasa m	Farklı olma

Militarism	militarisum	Miltarismos	militarism	militarismo	Asker zihniyeti
Minorities	Maltsinstva	Mionotites	Rinoritati	Minorias	Azinlık
Misunderstan ding	nedorazumeni e	Pariksigisi	Neintelegere	Mal entendido	Yanlısh anlama
Multicultural	Mnogo	Polipolitismike	Societati	Sociedades	Chok kyültürlü
societies	obshtestva	s haraktiristika	multikulturole	multiculturais	toplumlar
National	Natsionalni	Ethnika	Caracteristici	Carateristicas	Myilli ozellikler
characteristics	harakteristiki	proelefsi	naționale	nacionais	
	Natsionalen	Ethiki	Origine	Origem	Milli koken
National origin	proizhod	proeleusi	nationole	nacional	
Nationality	natsionalnost	Ethnikotita	naționalitate	nacionalidade	milliyet
Negative comments	Negativni komemntari	Arnitika sholia	Comentarii negative	Comentarios negativos	Olumsuz gorushler, yorum
Observant	bditelen	Paratitritikos	atent	observador	dikkat eden, itaatkar
Opinion	mnenie	Gnomi	opinie	opiniam	Görüsh, düshünce
Peace	mir	Eirini	pace	paz	barısh
Politeness	uchtivost	Eugenia	politețe	cortesia	nezaket
Prejudice	Predrazsuduk	Prokatalipsi	prejudiciu	Preconceito	on yargı
Principle	printsip	Themeliodis Arxi	principiu	Principiu	prensip
Problem	problem	Problima	probleme	problema	problem
Race	rasa	Fuli	roso	Rasa	ırk
Racism	rasizum	Ratsismos	rasism	racismo	ırkchılık
Refugee	Bejanets	Prosfigas	refugiat	Refugiado	gochmen
Rejection	Othvurlyane	aporipsi	respingere	Rejeisam	reddetme
Reliable	siguren	Aksiopistos	De mcledere	Confianre	gyuvenilir
	religiya	Thriskeia	religie	religium	Dyin,inanch

Religion					
Right	pravo	DIkaioma	drept	direito	doughru,haklı
Respect	respekt	Sevasmos	respect	respeito	saygı
Rule	pravilo	Kanonas	reguli	regra	kural
Sensitization	Sensibilizatsia	Euaisthitopoiis i	sensibilizare	sensibilizasam	hassasiyet
Separation	Razdiala	Diaxorismos	separare	Separasam	ayrıshma
Sexual harassment	Ravni vuzmojnosti za jeni I detsa	Seksoualikos parenohlisi	Hartuire sexual	Asecliu sexual	Cinsel taciz
Sexual orientation	Seksualna orientacia	Sexualikos prosanatolism os	Orientare sexuable	Orientasam sexual	Cyinsel yonelim
Social exclusion	Sotsialno izkluchvane	Kinonikos efpathis omades	Excludere sociole	Exclusam sucial	Sosyal baski
Socially vulnerable groups	Socialno uyazvimi grupi	Koinonika eupatheis omades	Grupuri sociale vulnerabile	Grupos socialmente vulneraveis	Gonullu sosyal gruplar
Society	obshtestvo	Koinonia	societate	sociedade	toplum
Solidarity	solidarnost	Allilegih	solidaritate	solidariedade	birlik beraberlik
State care	Durjavni griji	Kratiki merimna	Grija statului	Cuidado do estado	Devlet bakımı
Stereotype	Stereotip	stereotipo	stereotip	Esteriotipo	Kylishe
Support	podkrepiam	Upostiriksi	suport	apoio	desteklemek
Suspicion	Podozrenie	kihipopsia	Suspiciune	suspeisam	Shüphe
Teenager	tineidjur	Efivos	adolescent	adolescente	Delikanlı, ergen
Terrorism	terorizum	Tromokratia	terorism	terrorismo	teroriyzm
Timeless problem	Vechen problem	Diahroniko provlima	Problem nesfersite	Problema intemporal	Zamana bağli olmayan problem, her

To be on time	Na vreme	Na inai stin ora tous	punctual	Ser pontual	donemin problem Zamanında olmak
Tolerance	tolerantnost	Anoxi	Tolerante	tolerância	tolerans
Trafficking in women and children	Tafik na jeni I detsa	Emporio ginekon kaipedion	Trofic de femet si de eopii	Traficu de mulleres i criansas	Kadinlar ve chocuklar arasyindaki iletishim alishverishi
Trust	doverie	Empistosuni	Incredere	confiansa	gyuven
Unilateralism	ednostranchiv ost	Monomeria	unilateralism	Unilaterismo	Taraf tutmak
Verbal violence	Ustno nasilie	Lektiki via	Vialente vibole	Violencia verbal	Syozlu shyiddet
Violence	nasilie	Via	Violenta	violensia	shiddet
War	voina	Polemos	resboi	guerra	savash
Xenophobia	ksenofobia	Ksenofobia	xenofobie	Xenofobia	Yabancı düshmanciliyi

REMARKS FOR BULGARIA

From the application form:

"The participants selected for this exchange are members of the target group (14-18 years). Their purpose is to describe and present in their area, school unit and country their distinctions in their countries. The teachers selected are teachers of English and other specialties who will coordinate the work of the students and will actively participate in joint workshops and activities with them in order to get knowledge about the subject and to exchange ideas and opinions with their colleagues.

Number of participants:

Each student will belong to a group of students (6/7), who will be in one of these categories: economic obstacles, special needs, learning difficulties, cultural barriers and refugees.

Topic of the exchange: Stereotypical distinction and thought: stereotypes common to ethnicities, types of discrimination and their impact - transathopaism, homophobia and xenophobia, multiple, direct and indirect difference.

Activities There will be different types of activities in the exchange:

- 1. Activities related to the topic: Students will present the subject to other participants, discuss, communicate by creating contacts, propose solutions by expressing their views and ideas. Workshops, seminars and exchange activities (delivered by NGO partners, or experts, with teachers), roleplaying and interactive activities will be delivered.
- 2. Ice skating activities school tours, communication games.
- 3. Cultural events Introduction with artistic program, international night, acquaintance and sightseeing in the area's tourist attractions. Presentations of schools, regions, cities, countries, traditional evening.
- 4. Creation of products by students students make exchange posters, awareness campaigns and work in multicultural groups.
- 5. Local government sessions with NGOs to discuss local issues and take action to address them.
- 6. Assessment Activities Students complete their initial and final surveys and feedback forms in order to complete the Europass Mobility event and registration, by providing certificates of participation.

The whole project has a European dimension and is an international problem. Discrimination and stereotyping have taken on unrealistic dimensions, and people from all over Europe are trapped in the mindset and tendency to think pre-determined for different categories of people, not knowing them initially. During the exchanges, students will be informed about the stereotypes of European nationalities, the types of discrimination and the results and risks that lie ahead. They will be educated with vital lessons in terms of gender equality, religious and racial differences. They will learn about the relevant European and international bodies dealing with the issue, the elderly - victims of discrimination and

student help lines. They will be able to ascend as European democratic citizens who recognize people regardless of their origins and appearance.

The reasons why student exchanges are important, as well as the benefits of the participants from these activities are:

- 1. Teachers acquire the know-how to manage similar issues in their schools, to organize special events such as the World Day for the Elimination of Racial Discrimination and the International Day for the Elimination of Violence against Women and for the organization of awareness-raising campaigns. They will observe the attitudes and reactions of pupils from different countries on the same subject. They will be coordinators of poetry, photography, art and workshops on awareness raising on discrimination. They will learn about the culture and customs of their European colleagues, exchange views and find out what distinguishes them from different European cultures.
- 2. Students can develop intercultural consciousness through communication and interaction with peers, engaging in teamwork, cultural activities, interactive games, moving away from stereotyped thoughts, and acquainting with unknown aspects of culture they learn and best orientation on the European scene.

The interaction of participants with peers in other countries will be achieved by communicating in English, an element that will improve the skills of their language. Active communication with peer partners, completion of feedback and evaluation forms in English, study of design materials in English, discussion and presentations of views, ideas, agreements, disputes and arguments are achieved."

Remarks:

- 1) For the first day, I recommend that all presentations or videos not to exceed 5 minutes each, let's be short because we have to show our city, our school and the participants' presentations. No flags and no national anthems
- 2) TR has to prepare a video diary for the meeting in Turkey, a short one with photos and text for each day.
- 3) The students have to prepare themselves to show their activities, what they've done so far. I believe that we will be able to use Internet and Facebook where we have uploaded many results but it is better to have them in a flash drive. Remind the students that they have to prepare their video diary after the meeting.
- 4) No international dinner but I suggest the students to bring some traditional food at least some of them for the first coffee break on Monday.
- 5) PT has to send me the activities for the first semester. I attach the file again.
- 6) We all have to answer the questionnaire to end it on Friday 18/1/2019. We agreed on 50-60 students and about 15 teachers.
- 7) It is time to fill the participants list for BG on Google Drive to have it ready, with emails and everything.
- 8) BG will send a more detailed cost list.

We all have to have ready proposals what to do until the next meeting in Romania and proposals about the meeting.

Dissemination is important, so it is better for everyone, from so on, to prepare Power Point Presentations or videos and not just to upload photos on Facebook. This is ok too but for the website and e—twinning, you have to give me PPTs, or videos, or even better, links of videos to upload and update it. Bring everything you want to upload on the website on your flash drive.

<u>Project meeting summary - Bulgaria 3-9 /</u> <u>February 2019</u>

4 teachers and 9 students from *G*reece participated in the second mobility to Botevgrad, Bulgaria from 3-9 of February 2019. Each student belonged to one of these categories: economic obstacles, learning difficulties, cultural barriers and migrants according to the application form.

Day 1

Project Opening ceremony at School. Welcome speech by the Bulgarian coordinator and the headmistress of the school.

Tour of the school premises, classes, teachers' office and the headmistress's office.

All Partners (students and teachers) presented themselves, their towns and schools.

International coffee break with a variety of pastries made by the students' parents.

Exchanging of gifts among the teachers.

Lunch at a traditional restaurant in which all had the opportunity to taste Typical Bulgarian dishes.

Visit to the Center for inclusive education, where all students created works of art with the help of children with special needs and their teachers. Meeting with the Deputy Mayor of the town - presentation of the project and discussion about stereotypes and inclusive education in each country.

Visit the folk Museum of Botevgrad and learn about the history of the town. During the visit to the museum the Bulgarian, Greek and Turkish team made presentations on the topic <u>Stereotypical thinking and discrimination</u>.

Walking around the town and see the most important sights.

Dinner at a restaurant - ice breaking activities through dance. Each country presented its traditional dances inviting the other groups to join them and have fun all together.

Day 2

Travel to Plovdiv, one of the most popular cities in Bulgaria and the European capital of Culture for 2019.

Walking around the old cobblestone town of Plovdiv and admire the spectacular buildings and the old church of St. Constantine and Helena. Visit Ethnographic Museum which since 1938, it has occupied the house of the merchant, Argir Kuyumdzhioglu, in the city's Old Town. The museum features six exhibitions, each occupying a separate room.

Exploring the beautiful central part of the city with the Roman stadium and watch a 3D film about pre-Olympic competitions.

SOCIAL SERVICES COMPLEX- Olga Skobeleva Plovdiv - all students took part in volunteering activities such as bread breeding under the instructions of a team of the Bulgarian Red Cross!

The headmistress of SOCIAL SERVICES COMPLEX welcomed the Erasmus + team and a cultural association presented local dances inviting everyone to join them.

Day 3

Day trip to Sofia, the capital and largest city of Bulgaria, built at the foot of Vitosha mountain!

There was a guided city tour with a double -decker bus where we had the opportunity to explore Sofia in a new and attractive way and learn all about its history and its most important sights.

There was enough free time for shopping, lunch, sightseeing and visiting St. Alexander Nevsky Cathedral, one of the largest Eastern Orthodox Cathedrals.

Day 4

Activities at school -The Romanian and Portuguese teams made presentations on the topic <u>Stereotypical thinking and discrimination</u>. Moreover, the Portuguese team presented a phrase game based on stereotypes in which all teachers and students took part and had a fantastic time.

The Bulgarian coordinator talked about useful tools and presented Language passport and Europass Mobility

All teachers and students visited the Museum of the town of Pravets and the House Museum of the leader of the People's Republic of Bulgaria - Todor Zhukov .

Furthermore, the Erasmus+ team visited Pravets Rio lake Resort and had fun by doing SPA, having coffee or playing Bowling.

<u>Day 5</u>

During the last meeting in Bulgaria there was a discussion and a workshop on completing the "Common dictionary" on the topic.

All students created posters and drawings on the topic - "NO HATE in schools", "United as One under the European Sky", "I am not you, but we can be together.

Students and teachers completed their surveys, a feedback form and received their certificates of participation.

Europass mobility documents, for all the teachers and students of our school, were completed, printed and signed by the headmistress of the host partner school.

The teachers also had a discussion about the next meeting in Romania, which was arranged for 22-28 of September 2019. The common tasks were also discussed and all partners agreed to produce the followings:

- 1. PPT presentations or videos created by students regarding every student activity on World Days: March 8 "Women's Day", March 21 "Anti-Racism Day" and May 9 "Europe Day"
- 2. Video calendar after the meeting in Bulgaria until the end of February
- 3. Photo contest (10 photos from each country) or Video contest on gender equality by the end of March.4. Writing poems and prose writings on the topic by the end of May and present them at the meeting in Romania

ABOUT THE MEETING IN ROMANIA

ACCORDING TO THE APPLICATION FORM IN ROMANIA WE HAVE TO DO THE FOLLOWING:

Description of the activity:

The age range of the participants is 14 to 18 years old. The participants who are selected for this exchange, are expected to prepare presentations

1.of their home country 2.district and 3.school environment with regard to racial and gender stereotyping and discrimination.

The teachers (of English and other topics) will actively participate during the workshops and activities in order to coordinate and supervise students.

This engagement will enable teachers to gain first hand experience and knowledge and share practices and exchange opinions with other teachers.

Number of participants:

Each group will consist of 5 to 6 students and each member must be associated with one of the following categories: economic obstacles, learning difficulties, refugees, cultural obstacles.

Exchange Theme: Gender and Racial equality.

Common gender and racial stereotypes, their potential effects and proposed approaches to combat them.

Activities - the exchange will include multivarious activities:

- 1. Ice-breaking activities communication games and activities, school tour.
- 2. Cultural events Welcoming ceremony and orientation programme; presentation of countries, districts, schools; International and folklore evenings; Sightseeing tours.
- 3. Meet with NGOs and hold conversations with local authorities to elaborate on the topics and discuss the measures taken to address them.
- 4. Theme related activities: Students present their topic to the audience followed by discussions to identify similarities and differences, reflect on the problem and find solutions; Experienced Teachers or NGO partners will run seminars, workshops and other activities such as interactive games, role plays etc.
- 5. Students create products/material: multicultural synergy to make posters relevant to the exchange or campaign posters or flyers to raise awareness.
- 6. Evaluation metrics: Students participate in surveys (initial and retrospective surveys) provide feedback and evaluation forms, completion of Europass Mobility documents and present certificates of attendance. The project tackles an international problem with a European dimension.

Discrimination and Stereotyping characterizes large proportions of the European population, establishing a mindset for criticizing people without knowing them first. During the exchanges, the students will learn about different types of discrimination and stereotypes in Europe, their consequences and dangers. Students will be informed about national and European bodies/committees that deal with these issues and various helplines offering information, prevention, advice and support to victims of discrimination. Students will learn valuable lessons about human inequality/equality in relation to gender identity, race, religion, sexual orientation etc. They will thus be equipped to develop further as open-minded

Europeans, who promote equality and judge people beyond their appearance and origin.