

PORTUGAL MOBILITY

PORTUGAL MOBILITY: C4 (24 November- 30 November 2019)

Topic ⇒ Religious Equality

1-ICE BREAKING ACTIVITIES

-All the partner students from five countries and the teachers met one another in the conference Hall of the Escola profissional Doalto Lima Cooperativa de Interesse Publico E Responsabilidade Limitada

2-THEME RELOTED ACTIVITIES : AND PROJECT MEETINGS:

-All the partners presented their schools, towns, countries and themselves

❖ SPECIFIC TOPIC ACTIVITIES:

All the partners presented their presentations about religion equality and stereotyps in religion, discrimination and stereotyps aganist religions and their severe outcomes(on26th Nov)

❖ Built a scrapbook about the project.

The participants compiled their visual, written, Sentimental things about the project in a scrap book (28thNov)

❖ Activities for evolution and final products.

All the students from each country-made posters in intercultural groups and had interactive games related to the topic.(27thNOV)

-Discussed the online questionnaire results(28thnov)

-All the participant teachers had coordinators meeting (28thnovember)

3-CULTURAL EVENTS

- ❖ A welcoming speech by Epralima's school board and visit to the school of Arcosde Voldevez
- ❖ All the participants visited Geneda -Geries National park.
- ❖ Sounctuary of our Lady of peneda .
- ❖ Viana do costela. It condained countless, monuments and mansions of different periods and styles.And it was also the capital of the rich folkrole,with an important handierafts
- ❖ Tomaz De Figueredo =industry and animated festival

- ❖ Municipal Library: (27th november)
- ❖ Interpretative centre of baroque of arcos de valdevez (27th nov)
- ❖ Traditional lunch. All the partners received their certificates in the ceremony organize by the host countery .(28th nov)
- ❖ Hard an interculture afternoon by presenting their traditional dance.(28thnov)
- ❖ Hard a karaoke activity by choosing a song from their country and thought to the others how to sing .(28thnov)

4- NGO MEETINGS

All participants met with the mayor of Arcos de Valdevez at the municipality.

-They were informed about the educational profile of the schools in the town.(25thnov)

-With the religious people ,NGOs to discuss religiious prejudice and ways to fight with it.(27thnovember)

THE RESULT OF THE PROJECT

A) FOR THE STUDENTS : It has been observed that the following aspeets of the student have improved.

- ❖ Students awareness of the democtatic valves of the EU.
- ❖ Get to know more about other cultures .

- ❖ Raising social awareness, tolerance, empathy for the immigrants and refugees.
- ❖ Enhanced knowledge of the concepts of stereotypes and discrimination along with the underlying risks they cause.
- ❖ Europe Day-(references-links)
- ❖ International day for the elimination of racial discrimination.
- ❖ International day for the elimination of violence against women
- ❖ International human solidarity day (20th December 2019)
- ❖ International day of women and girls in science.(11th February 2020)
- ❖ Zero discrimination day (1st March 2020)

Results for the students

- ❖ Taught students how to respect others and avoid language or behaviour which arises hatred
- ❖ Raised awareness at a social level and increased tolerance for the immigrants and refugees.
- ❖ Combat stereotypes
- ❖ Expanded their knowledge on how in relation to dealing with the issues of stereotyping and discrimination inside schools.
- ❖ Encouraged the students to become active members of a society where stereotypes, discrimination and bullying do not exist.
- ❖ Made the relationship between school and local NGOs who deal with the same issues stronger participants.
- ❖ Involved as many students as possible, aged 15-18 since teenage years are critical in developing lifelong negative feelings towards other people based on stereotypical thinking and discrimination.
- ❖ Got to know more and be better informed about the negative effects of stereotyping and discrimination bullying at local and European levels.
- ❖ Students became more active participants in school life and their community.
- ❖ They learned to tolerate and respect other people.
- ❖ They learned to minimize prejudice

- ❖ Their in a great extent learned cultural and intercultural awareness improved
- ❖ They in a great extent learned know how to deal with problems by analyzing them and trying to find solutions
- ❖ They became more self-confident.

B) FOR THE TEACHERS

- ❖ It gave teachers the advantage to develop intercultural awareness by spending time with their colleagues
- ❖ By communication with them
- ❖ By participating in the meetings by observing classes in order to develop teachers international understanding
- ❖ Gave chance to know how to handle these issues stereotypical thinking bullying and discrimination such as race, gender, religion, social status, ethnicity in the schools
- ❖ Gave possibility to organize awareness raise campaigns and events in their school, concerning special celebrations like.

Open Minded Generation - OMG

Short-term exchanges of groups of pupils
ARCOS DE VALDEVEZ, PORTUGAL
24.11.2019 – 30.11.2019



ERASMUS+ PROGRAM

KA229 - School Exchange Partnerships

Project number 2018-1-EL01-KA22 047897

FORMAL INVITATION

**FOR THE SHORT-TERM JOINT STAFF TRAINING
EVENT**

Dear partners:

It is with great pleasure that we invite your institution to participate in the Short-term exchanges of groups of pupils held in Arcos de Valdevez, Portugal, from the 24th to 30th of November 2019.

Details of this meeting's Agenda are enclosed in the pages that follow.

We are looking forward to hearing from you soon, and sincerely hope to see you in Arcos de Valdevez.

Sincerely Yours

EPRALIMA - Escola Profissional do Alto Lima CIPRL

23rd October 2019

AGENDA

SHORT-TERM EXCHANGES OF GROUPS OF PUPILS

SUNDAY, 24TH NOVEMBER 2019

Arrival of Participants

Accommodation at Arcos Hotel Nature & Spa

MONDAY, 25TH NOVEMBER 2019

10.00 - Departure from Luna Hotel Nature & Spa.

10:30 - Meeting with the Mayor of Arcos de Valdevez at the municipality to introduce the project and get to know the educational profile of the schools in the town.

11:30 - **Epralima's school board welcome speech and visit to the school of Arcos de Valdevez.**

12:30 - Lunch at the school's canteen (vegetarian menus will be available)

13:30 - Departure to Peneda-Gerês National Park (entrance and guided visit and to visit the sanctuary of our Lady of Peneda.

17:00 - Arrival at Arcos de Valdevez.

TUESDAY, 26TH NOVEMBER 2019

9:00 - Departure from Arcos Hotel Nature & Spa;

9:30 - **Ice-breaking activities.**

10:30 - Presentations about religion and religious stereotypes.

11:30 - Departure to Viana do Castelo.

12:30 - Lunch at the shopping centre Estação Viana.

14.30 - CULTURAL VISIT TO VIANA DO CASTELO (this city is like a living museum,

with countless monuments and mansions of different periods and styles. But it is also the capital of the rich Minho folklore, with an important handicrafts industry and animated festivals).

17.30 Free time

WEDNESDAY, 27TH NOVEMBER 2019

09.00 - Departure from Arcos Hotel Nature & Spa.

09:30 - Visit to the Tomaz de Figueiredo Municipal Library.

10:30 - Visit to the interpretative centre of baroque of Arcos de Valdevez.

11:30 - Meeting with religious people/NGO's to discuss religious prejudice and ways to fight it.

12:30 - Lunch at the school's canteen.

14:00 - Interactive games and posters building in intercultural groups at school.

17:00 - Free time.

THURSDAY, 28TH NOVEMBER 2019

09.00 - Gathering at school;

09:10 - Building a scrapbook about the project (partners will compile their visual, written, sentimental items about the project in a scrapbook);

10:00 - Discussion of the online questionnaire results.

10:30 - Presentation of the sustainability plan.

11:30 - Coordinators' meeting.

12:30 - Lunch at school (cooked and served by our students - Restaurant Technicians
Cookery/Pastry and Restaurant/Bar.

14:30 - Ceremony to receive the certificates.

15:30 - Intercultural afternoon

- ✓ Each partner will present/teach a traditional dance from their country;
- ✓ Karaoke activity: each partner will choose a song from their country and will sing/teach it.

18:00 - Free time

FRIDAY, 29TH NOVEMBER 2019

09:00 – Departure from the hotel - CULTURAL VISIT TO PORTO.

10:30 – Visit to the Sinagoga Kadoorie - Mekor Haim in Porto. (awaits confirmation)

12:30 - Cultural visit to the vibrant city of Porto.

16:00 – Return to Arcos de Valdevez

17:30 – Free time.

25 NOVEMBER- MONDAY

Meeting with the Mayor of Arcos de Valdevez at the municipality to introduce the project and get to know the educational profile of the schools in the town.

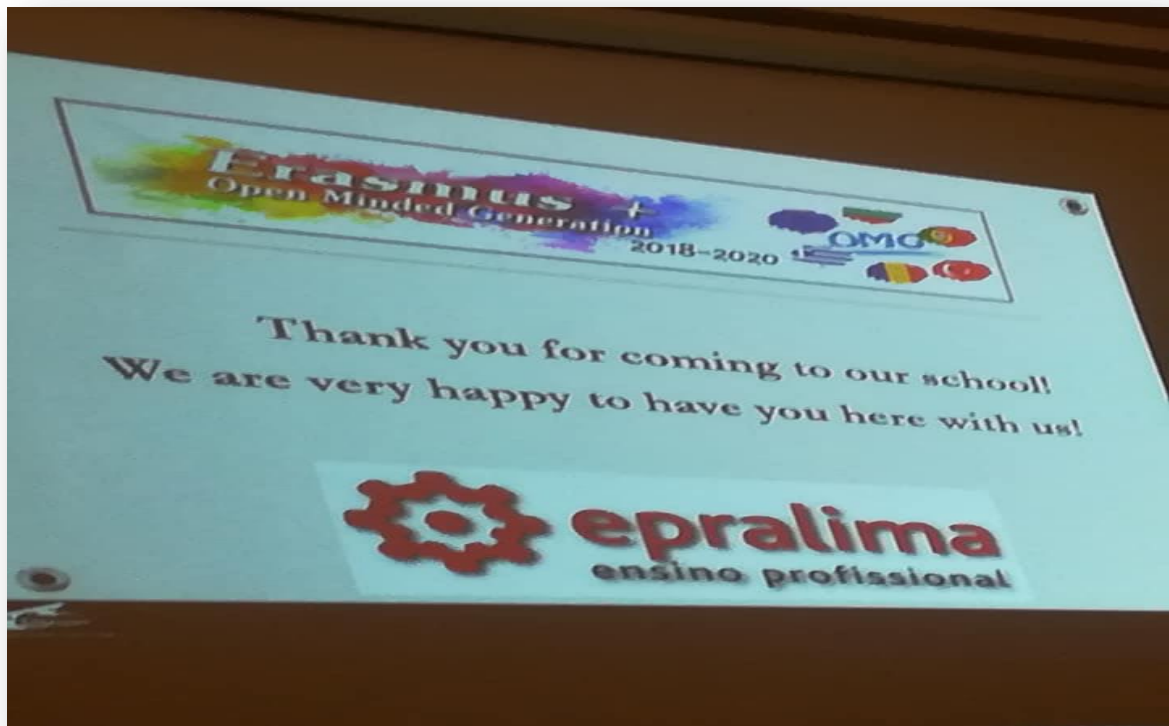






Epralima's school board welcome speech and visit to the school of Arcos de Valdevez







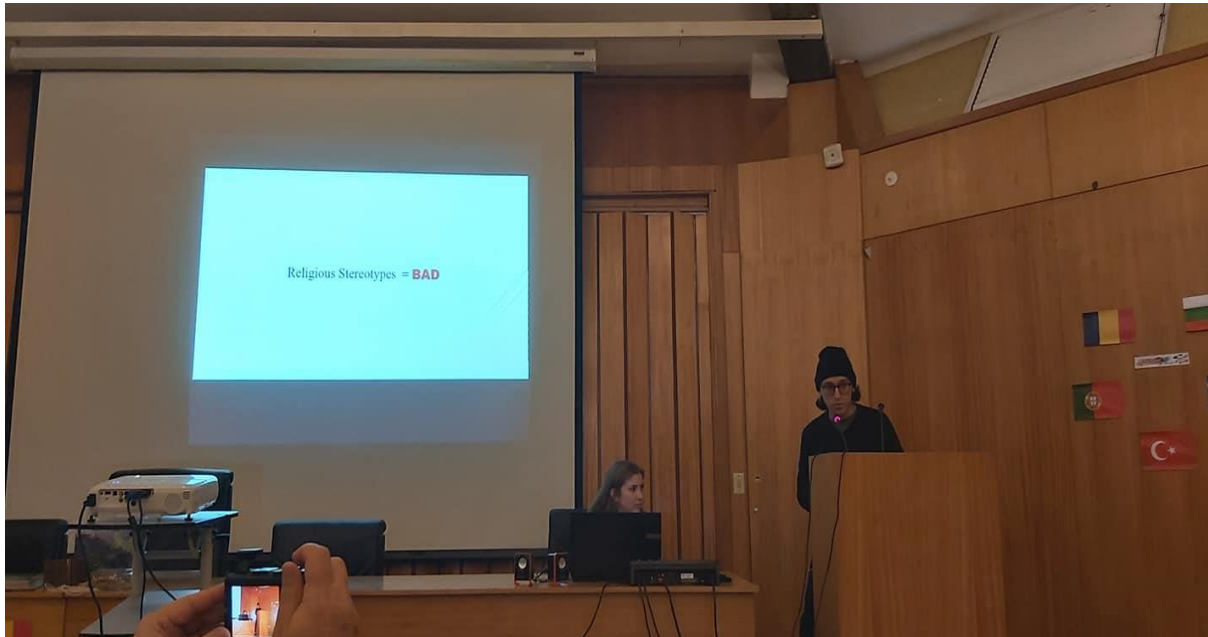
Peneda-Gerês National Park (guided visit to the sanctuary of our Lady of Peneda)





26 NOVEMBER- TUESDAY

Presentations about religion and religious stereotypes







Happy birthday Katherina 🎂



Cultural Visit to Viana do Castelo







27 NOVEMBER- WEDNESDAY

Visit to the Tomaz de Figueiredo Municipal Library





Visit to the interpretative centre of baroque of Arcos de Valdevez





Sightseeing in Braga







28 NOVEMBER- THURSDAY

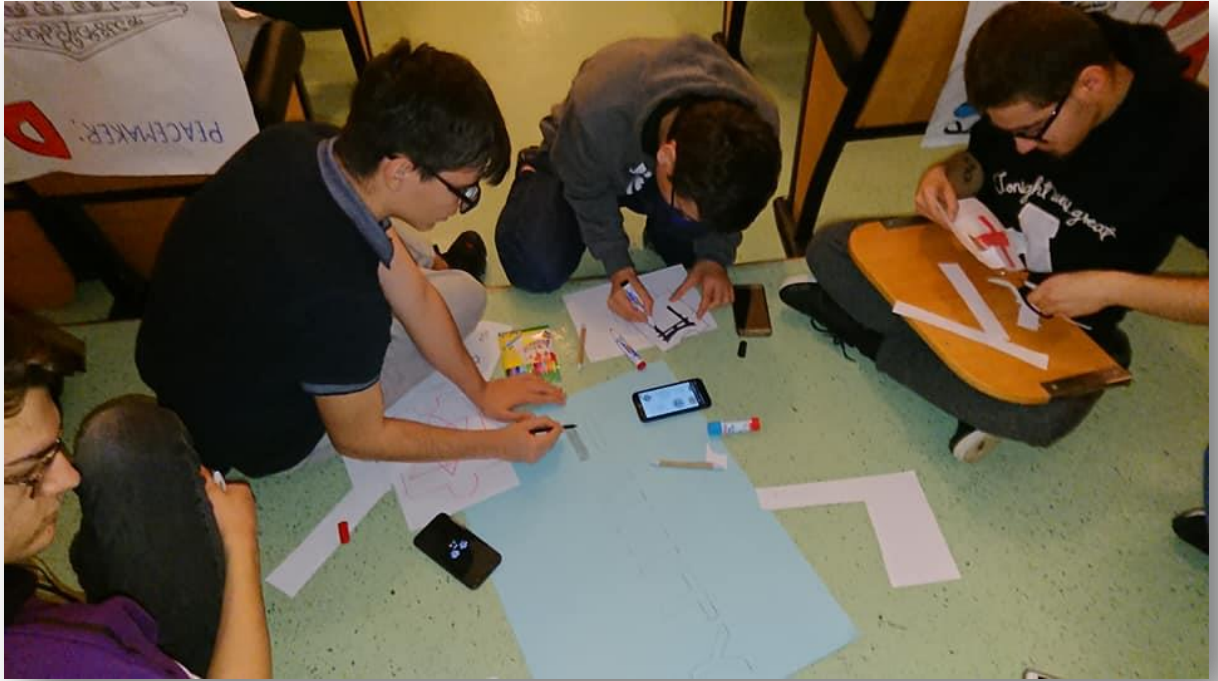
***Building a scrapbook about the project (partners compile their visual, written, sentimental items about the project in a scrapbook**

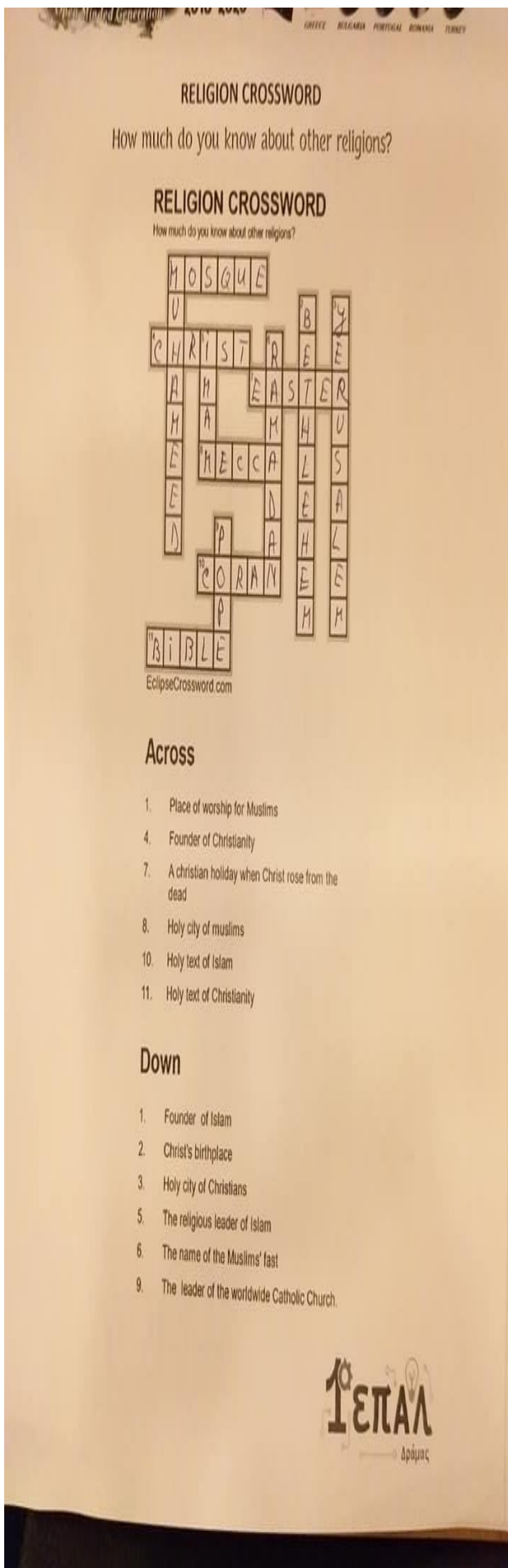
*** Discussion of the online questionnaire results**



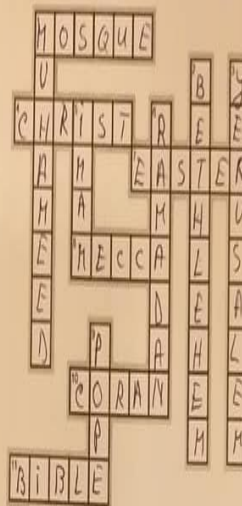








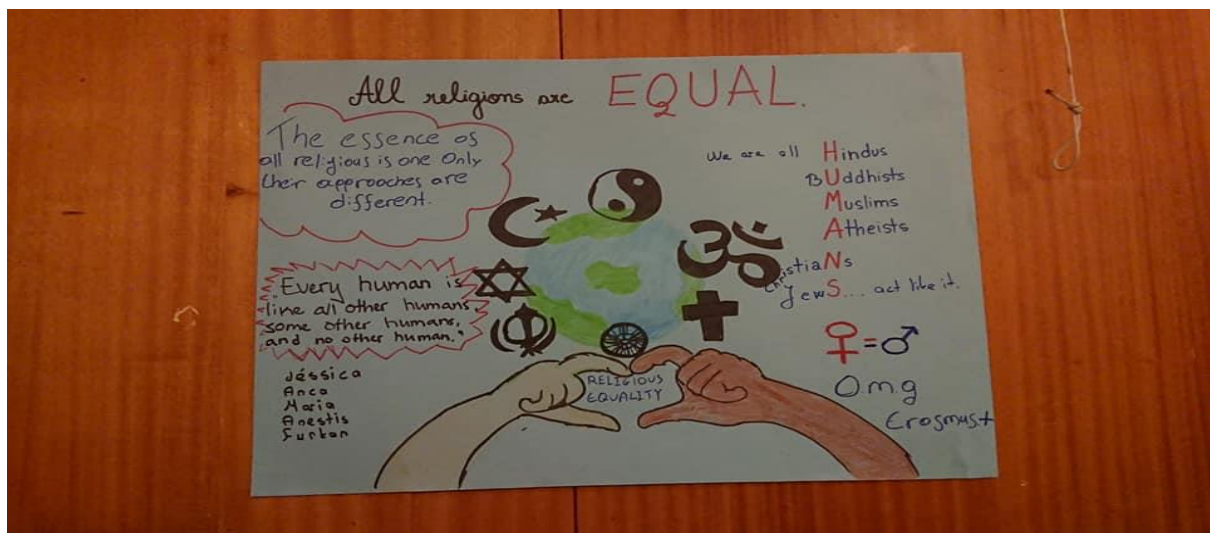
How much do you know about other religions?



EclipseCrossword.com

1. Place of worship for Muslims
4. Founder of Christianity
7. A christian holiday when Christ rose from the dead
8. Holy city of muslims
10. Holy text of Islam
11. Holy text of Christianity

1. Founder of Islam
2. Christ's birthplace
3. Holy city of Christians
4. The religious leader of Islam
5. The name of the Muslims' fast
6. The leader of the worldwide Catholic Church





Ceremony to receive the certificates

Intercultural afternoon









29 NOVEMBER- FRIDAY

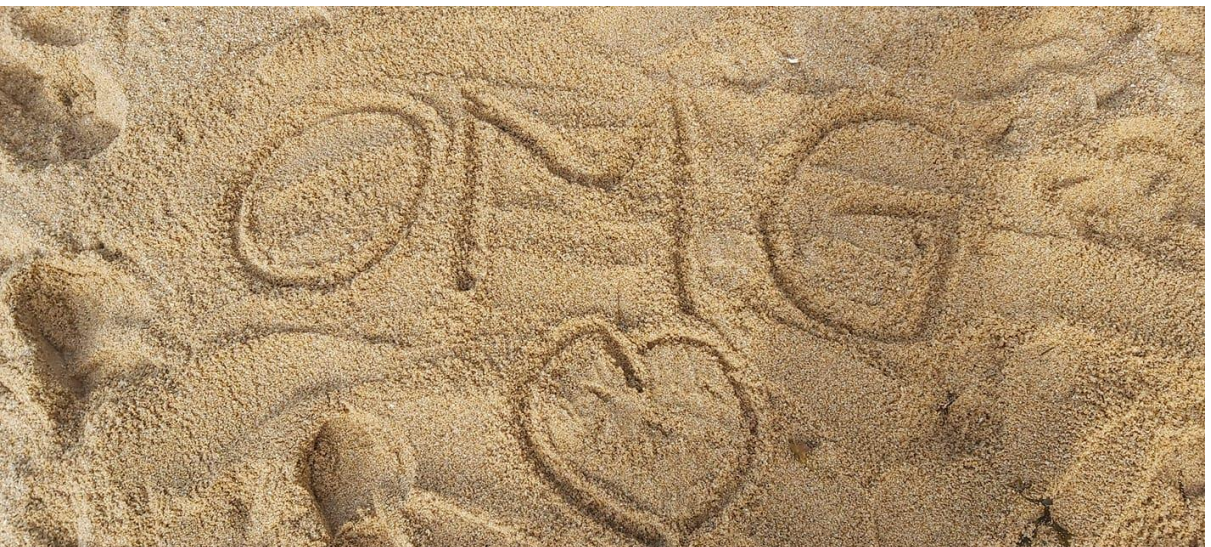
*** CULTURAL VISIT TO PORTO**

***Visit to the Sinagoga Kadoorie in Porto**



***Cultural visit to the vibrant city of Porto**









1. The quality of the overall meeting was:
- | | | | | | |
|------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------|
| | 1 | 2 | 3 | 4 | |
| Low | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | High |
2. The meeting was helpful and informative:
- | | | | | | |
|------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------|
| | 1 | 2 | 3 | 4 | |
| Low | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | High |

Coordination

Provide your feedback about coordination and project management

3. How satisfied are you with the coordination?
- | | | | | | |
|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| | 1 | 2 | 3 | 4 | |
| Not satisfied | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Satisfied |
4. The information you received before the meeting that was intended to help you was:
- | | | | | | |
|-------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------|
| | 1 | 2 | 3 | 4 | |
| Incomplete | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Complete |
5. The facilities for the meeting were:
- | | | | | | |
|-------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------|
| | 1 | 2 | 3 | 4 | |
| Unsuitable | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Suitable |
6. The technical equipment in the meeting was:
- | | | | | | |
|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------|
| | 1 | 2 | 3 | 4 | |
| Suitable | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Unsuitable |
7. The agenda for the meeting was:
- | | | | | | |
|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------|
| | 1 | 2 | 3 | 4 | |
| Suitable | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Unsuitable |
8. The amount of working time dedicated to the meeting was:
- | | | | | | |
|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------|
| | 1 | 2 | 3 | 4 | |
| Suitable | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Unsuitable |
9. The social activities organized during the meeting were:
- | | | | | | |
|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------|
| | 1 | 2 | 3 | 4 | |
| Suitable | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Unsuitable |

Participation

Provide your feedback about the overall participation of partners

10. The quality of the contribution by the participants was:
- | | | | | | |
|-------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| | 1 | 2 | 3 | 4 | |
| Poor | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Excellent |
11. The quality of detail and information relating to the project was:
- | | | | | | |
|-------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------|
| | 1 | 2 | 3 | 4 | |
| Poor | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Excellent |

12. The results, aims and objectives at the end of the meeting were:

	1	2	3	4	
Unsatisfactory	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Satisfactory

13. The next steps / actions to be taken by me and my organisation are:

	1	2	3	4	
Unclear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Clear

Personal Reflections

It would be nice to find out your personal reflections and any personal impact

14. Was this meeting motivational for you in any way?

- ☐ Yes
- ☐ No
- ☐ Maybe

15. If you answered 'Yes' above, please describe the motivational impacts.

.....

.....

.....

.....

16. Did this meeting help you in your professional effectiveness?

- ☐ Yes
- ☐ No
- ☐ Maybe

17. What did you like best about the meeting?

.....

.....

.....

.....

18. What did you like least about the meeting?

.....

.....

.....

.....

19. Please share any other suggestions you might have for improving future meetings:

.....

.....

.....

.....

Project meeting summary -

Portugal 24-30 / November 2019

Day 1

Visit to the Town and meeting with the city counsellor responsible for education.

Presentation of the project/discussion on the topic.

Project Opening ceremony at School. Welcome speech by the Portuguese coordinator.

All Partners (students and teachers) presented themselves, their towns and schools.

Exchanging of gifts among the teachers.

Lunch at the school canteen in which all had the opportunity to taste typical Portuguese dishes.

Visit to Peneda-Gerês National Park and the sanctuary of Lady of Peneda.

Day 2

Presentations about religion and religious stereotypes from all countries.

Departure to Viana do Castelo.

Lunch at the shopping centre Estação Viana.

CULTURAL VISIT TO VIANA DO CASTELO (this city is like a living museum, with countless monuments and mansions of different periods and styles. But it is also the capital of the rich Minho folklore, with an important handicrafts industry and animated festivals).

Day 3

Visit to the Tomaz de Figueiredo Municipal Library.

Visit to the interpretative centre of baroque of Arcos de Valdevez.

Meeting with religious people/NGO's to discuss religious prejudice and ways to fight it. Discussions about the topic of religion in classes and catechism.

Lunch at the school's canteen.

Day 4

Creating posters in multicultural groups of students and solving crosswords prepared by 1st EPAL of Drama based on religions.

Lunch at school (cooked and served by Portuguese students - Restaurant Technicians Cookery/Pastry and Restaurant/Bar.

Ceremony to receive the certificates.

Intercultural afternoon

- ✓ Each partner presented a traditional dance from their country;
- ✓ Karaoke activity: each partner sang a song from their country

Day 5

CULTURAL VISIT TO PORTO

Visit to the Jewish museum in Porto.

Cultural visit to the vibrant city of Porto.

The teachers also had a discussion about the next meeting in Greece, which was arranged for 29 March - 4 of April 2020. The common tasks were also discussed and all partners agreed to produce the followings:

1. Celebrate the following International Days:

a. INTERNATIONAL HUMAN SOLIDARITY DAY- 20th DECEMBER

b. INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE-11th FEBRUARY

c. ZERO DISCRIMINATION DAY -1st MARCH

2. Video calendar after the meeting in Portugal produced from the students of each delegation.

3. Photo contest (10 photos from each country) on gender and racial equality. Photos should be sent again to Greece by mail until the 8th of December.
4. Activities related to all kinds of discrimination-school stereotypes (common theme in Greece)
5. Work on the final report which will be discussed in Greece. Each country chooses what question to answer and the final decision about that will be taken by the coordinator.
6. Fill in the questionnaire about religion -TR. The results will be analyzed by Portugal.
7. Results and outcomes uploaded on YouTube, send the link for the website, pictures and other results uploaded on Google Drive and etwinning.
8. Fill in the feedback documents for the meeting in PT. The coordinator will send the form. Every teacher involved and at least one student should answer. Fill the feedback for the meeting in RO (some countries didn't do it yet). Upload all feedback on Google Drive.
9. PT will upload the participants list and other outcomes on Google Drive and YouTube.